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NCH HCIA Tele-Behavioral Health Update

Dr. Becky Baum, Nationwide Children's Hospital

6/28/2013

NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.℠

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Overview

E-therapy	• Triple-P Online (TPOL)
Engagement	• Lync • MyChart • Duet
Direct Care	• HealthSpot • Creating Opportunities for Personal Empowerment (COPE)

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TPOL Pilot

Background

- Evidence-based intervention for parents of children ages 2-12 with disruptive behavior

Goal

- Provide access to psychosocial intervention for families otherwise unable to access non-pharmacologic treatment

Progress

- Began 4/2013 with 9 providers in NCH clinic with large percentage of patients from non-contiguous counties

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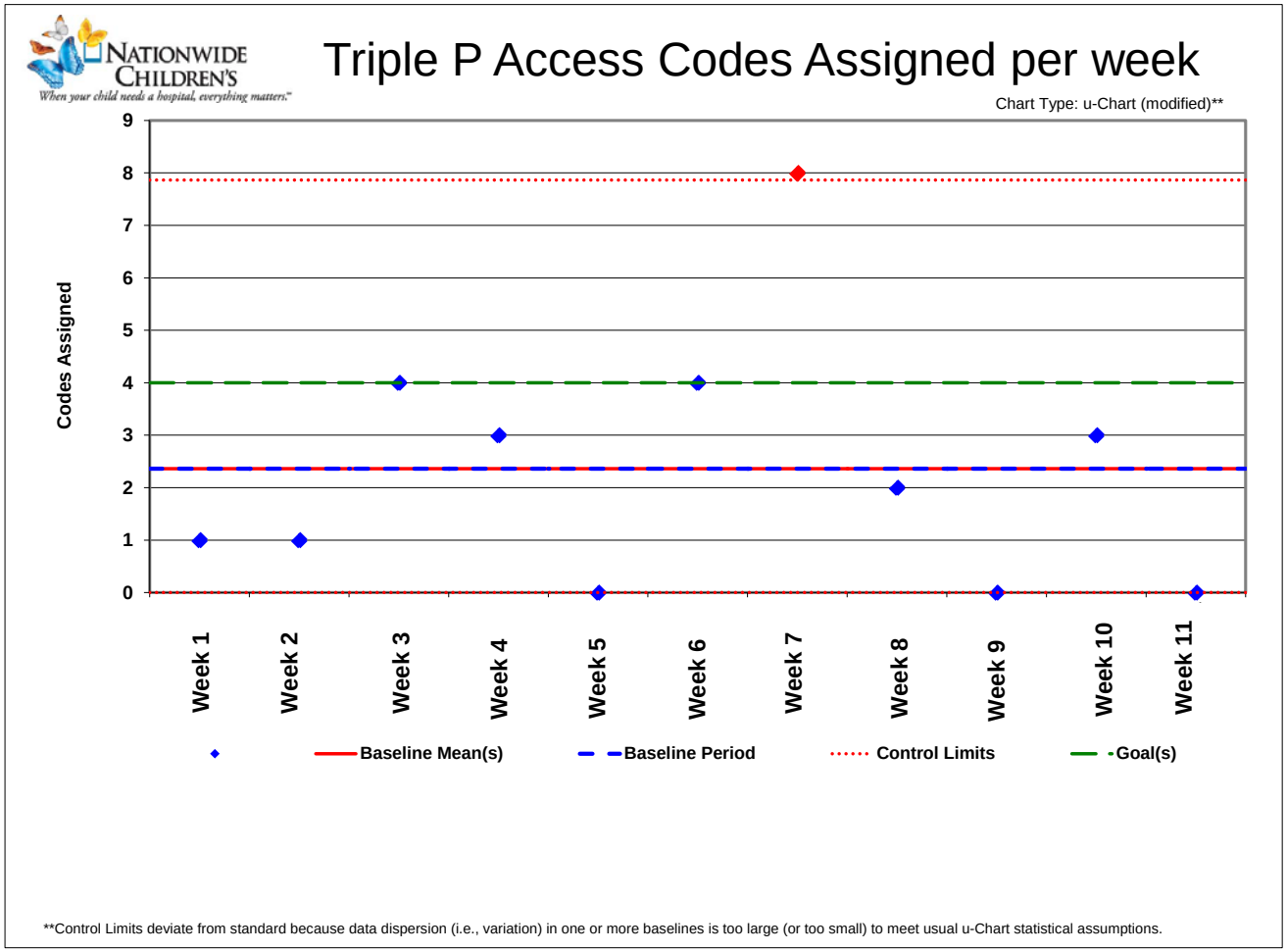
TPOL Weekly Code Assignment Go Live: April 15, 2013



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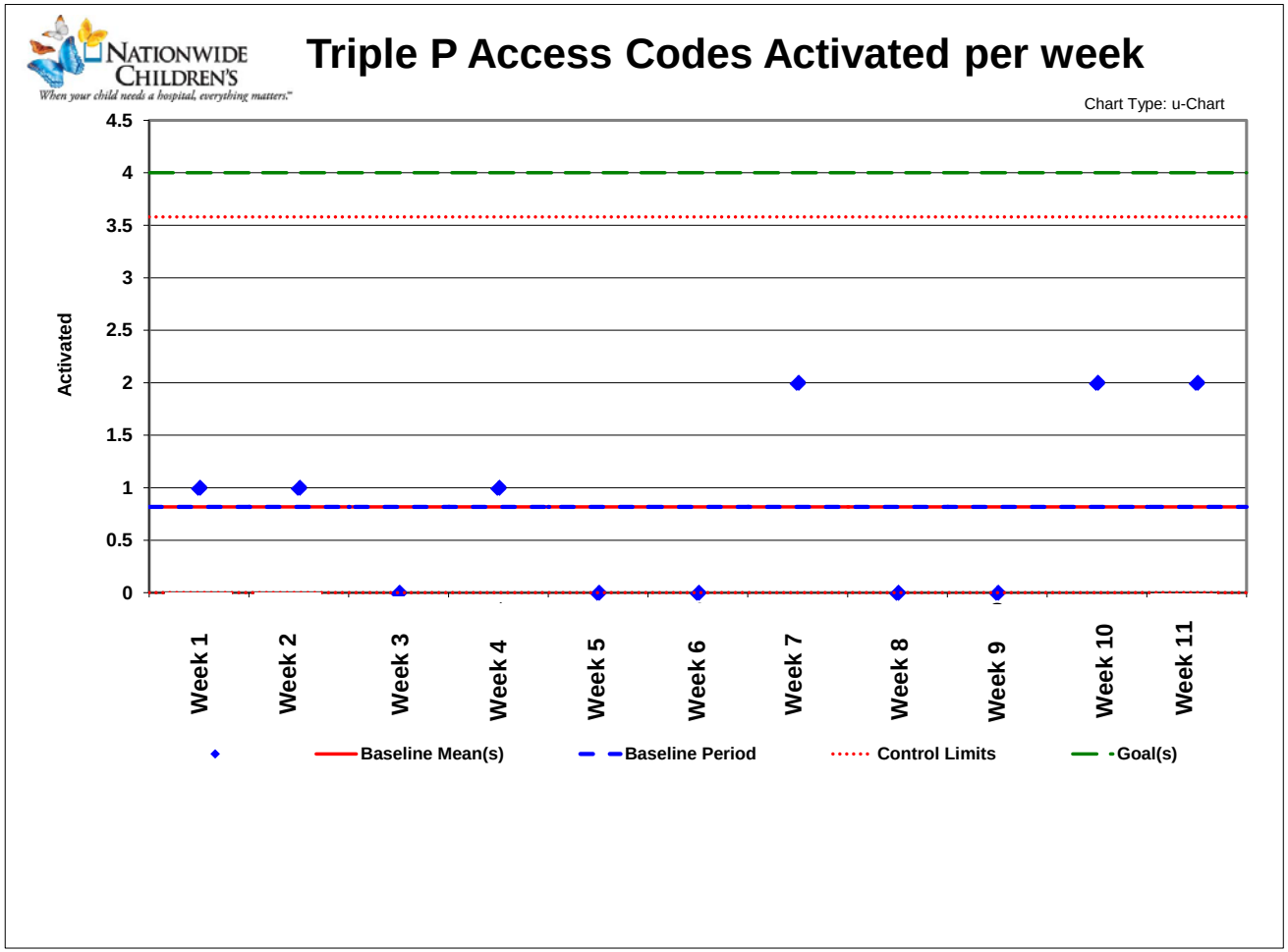
TPOL Weekly Activation



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Next Steps

Potential solutions

- Incentives
- Enrollment during office visit

Challenges

- Internet Access
- Check-in Calls
- Web Browser Issues
- Low activation rates

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Lync

Background

- Videoconferencing program to connect families with Parent Partner post-discharge

Goal

- Improve 30 day mental health follow up rate after discharge
- Improve CIS scores

Progress

- Go-live 7/2013

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MyChart

Background

- Patient portal that provides communication with NCH providers and survey completion

Goal

- Improve 30 day mental health follow up rate
- Improve CIS scores

Progress

- Go-live 7/2013

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HealthSpot

Background

- Telemedicine platform to increase access to behavioral health services

Goal

- Reduce behavioral health readmissions
- Improve 30 day mental health follow up
- Improve CIS scores

Progress

- Go live 10/2013

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COPE

Background

- Brief Cognitive Behavioral Therapy (CBT) intervention to reduce depression, anxiety and disruptive behavior symptoms in children

Goal

- Increase 30 day mental health follow up rate after behavioral health admission

Progress

- Investigating partnership with OSU College of Nursing to provide services via telehealth
- Go-live 12/2013

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Duet

Background

- Smartphone application to improve care for children and adolescents after behavioral health admission

Goal

- TBD

Progress

- Development pending arrival of new faculty member summer 2013